



Surgery versus Conservative Osteoarthritis of Thumb Trial

SCOOTT: Thumb Osteoarthritis Trial Participant Infographic

We currently don't know which treatment works best in improving patients' thumb base pain, we are running a study to find out.



What happens if I take part?

You will receive 1 of these 3 treatments:

1: ENGAGE Therapy Package




Specialist hand therapy - to support you to improve hand movement & strength, to reduce pain and to learn to look after your joints

2: Trapeziectomy



Surgery to remove one of the bones at the base of the thumb (trapezium).

3: Thumb Joint Replacement



Surgery to replace the thumb base joint.

You will complete 8 questionnaires over 18 months:

Some remotely

How is your pain today?

Some in clinic

If you would like more information or to take part in SCOOTT please discuss with the local research team or contact the SCOOTT team at ytu-scoott-trial@york.ac.uk